

Intern Survival Guide Family Medicine

The Ultimate Survival Medicine Guide
The Ultimate Guide To Choosing a Medical Specialty
Textbook of Family Medicine
Cumulated Index Medicus
Internal Medicine
Handbook of Evidence-Based Critical Care
CURRENT Diagnosis & Treatment in Family Medicine, Second Edition
Internal Medicine
Attending Staying Human During Residency Training
The Washington Manual of Medical Therapeutics
Med School Confidential
Trauma Management
The International Medical Graduate's Guide to US Medicine & Residency Training
Pocket Anesthesia
Letters to a Young Doctor
The Most Common Inpatient Problems in Internal Medicine E-Book
The House of God
Professionalism in Medicine
First Aid for the Wards, Fifth Edition
The Washington Manual of Medical Therapeutics
Mayo Clinic's Complete Guide for Family Physicians and Residents in Training
The ABSITE Review
Frameworks for Internal Medicine
Pocket Pediatrics
Essentials of Orthopedic Surgery
On Call
Survival Medicine Handbook
Users' Guides to the Medical Literature
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Pocket Medicine
The Washington Manual
Internship Survival Guide
Advice to the Young Physician
Pocket Primary Care
Anesthesiology CA-1 Pocket Survival Guide

The Ultimate Survival Medicine Guide

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Survival Medicine Handbook: (FREE Bonus Included) First-aid In Case Of Emergency And Essential Things To Have In Your Medicine Kit Whether you're a naturalist, an athlete, or just spending some time with friends or family, there's always the chance that you will find yourself in need of emergency attention. Don't let an outdated, mostly empty, or worse yet, absent first aid kit make the difference between life and death. Find out, in a few short pages, what is absolutely essential to have at all times for a medical emergency and how to get it with minimal time and effort. Download your E book "Survival Medicine Handbook: First-aid In Case Of Emergency And Essential Things To Have In Your Medicine Kit" by scrolling up and clicking "Buy Now with 1-Click" button!

The Ultimate Guide To Choosing a Medical Specialty

A timeless collection of advice, operating-room wisdom, and reflections on the practice of medicine, from the "best of the writing surgeons" (Chicago Tribune). "Richard Selzer does for medicine what Jacques Cousteau does for the sea," raved The New York Times of this extraordinary collection. "He transports the reader to a world that most of us never see, a world that is vivid and powerful, often overwhelming, occasionally fantastic." In this

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collection of highly candid, insightful, and unexpectedly humorous essays, the erstwhile surgeon turned Yale School of Medicine professor addresses both the brutality and the beauty of a profession in which saving and losing lives is all in a day's work. A number of these pieces take the form of letters offering counsel to aspiring physicians. Featuring wry and witty observations on matters of life and death, medical ethics, and the awesome responsibilities of being a surgeon, *Letters to a Young Doctor* should be required reading for all medical students—and anyone interested in the endless miracle that is the human body. "No one writes about the practice of medicine with Selzer's unique combination of mystery and wonder," observed the *Los Angeles Times*, while *The New York Times* praised Selzer's "marvelous insight and potent imagery" for making "his tales of surgery and medicine both works of art and splendid tools of instruction."

Textbook of Family Medicine

Edited by Robert E. Rakel, MD and David P. Rakel, MD, *Textbook of Family Medicine* remains your #1 choice for complete guidance on the principles of family medicine, primary care in the community, and all aspects of clinical practice. Ideal for both residents and practicing physicians, it includes evidence-based, practical information to optimize your patient care and prepare you for the ABFM exam. The full-color format features a clean, quick-reference layout that makes it easy for you to put information to work immediately in your practice. You can also access the

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complete contents online at www.expertconsult.com, plus 30 videos of common office procedures, additional chapters on timely topics, and figures, tables, and photographs that supplement the text. Prepare for success on the ABFM exam with complete coverage of all aspects of family medicine. Access information quickly with an efficient, full-color layout that makes it easy to apply the latest knowledge in your practice. Take advantage of today's most useful online resources with a convenient list of outstanding clinical websites. Quickly spot "Best Evidence Recommendations" with special boxes located throughout the text. Glean helpful tips on diagnosis and therapy from "Key Points" boxes found on every page. Access the complete contents and illustrations online at www.expertconsult.com - fully searchable - plus additional figures, tables, and photographs online, as well as online-only chapters that cover topics such as prescribing nutritional supplements and botanicals. View 30 videos online covering common office procedures such as vasectomy, the proper use of today's diabetic equipment, and endometrial biopsy. Gain a new understanding of the patient-centered medical home and how to achieve this status in outpatient clinics. Make the most effective care decisions with help from "Evidence vs. Harm" icons that guide you through key treatments of common medical conditions. The Textbook of Family Medicine continues to provide the latest, most comprehensive coverage of family medicine practice.

Cumulated Index Medicus

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Updated and revised edition of the widely used manual providing medical students and residents with an introduction to the assessment and management of common problems encountered on call at night. New areas of coverage include discussions of combativeness, confusion/decreased level of consciousness, diarrhea, leg pain, acid-base disorders, and anemia. An appendix of quick-reference data and an on-call formulary of commonly used medications are provided.

Internal Medicine

Handbook of Evidence-Based Critical Care

Here's an extremely handy pocket reference to assist the student, resident, house officer, and busy hospitalist address issues related to the 20 most common disorders seen in the inpatient setting. This brief, small-sized handbook offers you evidence-based information presented in an easy to reference, consistently presented outline and table format. Problem based for quick solutions in diagnosis and therapy in the limited timeframe typical of seeing patients on the wards. Provides a brief presentation of 20 most common inpatient disorders. Provides reliable diagnosis and treatment options with evidence based recommendations. Handy, pocket book that takes up minimal pocket real estate.

CURRENT Diagnosis & Treatment in

Family Medicine, Second Edition

The Washington Manual® Outpatient Medicine Survival Guide covers the most common diseases and situations encountered in an outpatient clinic and includes sections on key history and physical examination findings, red flags to look for, and advice on what to tell the patient.

Internal Medicine

Internal Medicine: Intern Survival guide is not just for interns, but essential for all primary care providers! The second edition has been updated through 7/2018 with the most current, evidence-based approaches to caring for major conditions commonly seen in patients in both the inpatient and outpatient environments.

Attending

Prepared by residents and attending physicians at Massachusetts General Hospital for Children, Pocket Pediatrics follows the style of Pocket Medicine, one of the best-selling references for medical students, interns, and residents. This pocket-sized looseleaf can be used on the wards and by candidates reviewing for pediatric board exams. In bulleted lists, tables, and algorithms, Pocket Pediatrics provides key clinical information about common pediatric problems in cardiology, pulmonology, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, rheumatology, and neurology as well as on the well patient and the

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patient in the ICU. The six-ring binder resembles the familiar "pocket brain" notebook that most students and interns carry and allows users to add notes.

Staying Human During Residency Training

"Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--Provided by publisher.

The Washington Manual of Medical Therapeutics

How to survive medical emergencies when professional medical care isn't available—infections, illnesses, fractures, snake bites, and more. From Dr. Joe Alton and Amy Alton ARNP comes an updated edition of their bestseller The Survival Medicine Handbook. This unique medical book is meant to enable the average person to handle injuries and

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illness in situations in which modern medical facilities and professionals aren't available due to a disaster. This book is written by America's top medical preparedness experts: Joe Alton, MD, and Amy Alton, ARNP. Their mission: to put a medically prepared person in every family for when medical help is not on the way. Using decades of medical experience, they address, in plain language, dozens of medical issues associated with surviving disasters and epidemics. The Altons also discuss the medical supplies needed to become a medical asset to your family and community as well as alternative and natural strategies for when pharmaceuticals aren't available. Topics include: Appendicitis and Conditions that Mimic It Urinary Tract Infections Mosquito-Borne Illnesses Allergic Reactions and Anaphylaxis Head Injuries Animal Bites Snake Bites Head injuries Kidney Stones Dislocations and Fractures Nosebleeds Pain Medications and Natural Pain Relief And much much more! Most medical books will send you to the doctor or hospital when an emergency happens. The Altons assume that the worst might actually happen—that the average person could be left without medical help in a disaster. With their book, you can keep your family healthy in times of trouble.

Med School Confidential

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Introducing an innovative, systematic approach to understanding

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differential diagnosis, Frameworks for Internal Medicine helps students learn to think like physicians and master the methodology behind diagnosing the most commonly encountered conditions in internal medicine.

Trauma Management

During the transition from the clinical base year to the first clinical anesthesia year (CA-1), the resident finds himself transforming from a bright and confident intern to an entirely unprepared anesthesiology resident surrounded by unfamiliar equipment and drugs and confronted by patients with acute and dynamically changing physiologies. This book is a concise step-by-step ready reference manual which will help interns to transition smoothly to life in the operating room within the first few months.

Anesthesiology CA-1 Pocket Survival Guide will flatten the learning curve and improve the comfort level of trainees entering the OR for the first time. Intended to help provide a smooth transition from intern to resident anesthesiologist, it highlights information to seek out during the orientation period. It provides easy-to-follow instructions for such common tasks as preparing the anesthesia machine, positioning the patient, and entering information into the electronic management system (EMS) and suggests how to obtain and organize a patient's preoperative information to present to the attending anesthesiologist.

The International Medical Graduate's

Guide to US Medicine & Residency Training

This best-selling resource provides a general overview and basic information for all adult intensive care units. The material is presented in a brief and quick-access format which allows for topic and exam review. It provides enough detailed and specific information to address most all questions and problems that arise in the ICU. Emphasis on fundamental principles in the text should prove useful for patient care outside the ICU as well. New chapters in this edition include hyperthermia and hypothermia syndromes; infection control in the ICU; and severe airflow obstruction. Sections have been reorganized and consolidated when appropriate to reinforce concepts.

Pocket Anesthesia

Continuing the tradition of excellence, each chapter has been updated and reformatted for easier access to the information the reader needs. This edition has a two-color design, color tabs for sections, and additional algorithms for diagnosis and treatment.

Letters to a Young Doctor

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment

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data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read."
--Review from a 4th year Medical Student

The Most Common Inpatient Problems in Internal Medicine E-Book

Discover why housestaff and faculty worldwide depend on this best-selling medical text - both in print and eBook format! Concise, user-friendly, and now available with a handy spiral binding, The Washington Manual® of Medical Therapeutics, 35th Edition, focuses on the essential information you need to know for successful patient care. Written by residents who are assisted by faculty co-authors and an outstanding editorial team, this must-have reference presents brief, logical approaches to diagnosis and management of commonly encountered medical conditions, including new therapies that improve patient outcomes. Thoroughly updated throughout, the 35th Edition provides a clear view of the challenges faced by residents, interns, medical students, and other practitioners, plus offers practical solutions, and expert guidance - all in one convenient and easily accessible source. Features: New spiral binding allows The Manual to lie flat for easy, hands-free access. Thoroughly updated to reflect the increasing and ever-changing advances in

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medical technology and therapeutics. Comprehensive coverage addresses all areas of medicine and the core subspecialties, including neurology and toxicology content available online. Concise, practical format features a brief discussion of pathophysiology, an evidence-based presentation of current therapies, and need-to-know diagnostic and therapeutic guidance from global experts. Easy-to-follow guidelines, diagrams, and algorithms assist in the diagnosis, investigation, and management of frequently encountered medical conditions. Edited by Internal Medicine Chief Residents from the Washington University School of Medicine and Barnes-Jewish Hospital in St. Louis.

The House of God

Master the Wards: Internal Medicine Handbook improves your confidence so you can survive the clerkship and ace the shelf. With this in hand, you can arrive prepared on day 1 of your medicine rotation. Written by a residency director who has been a clerkship director--and once, long ago, a med student just like you!--this handbook presents a core set of diseases and disorders from the point of view of how patients present, and teaches you how to assess patients beginning with their chief complaints. Special features help you look like a rock star and improve patient safety: Organized by chief complaint Round-Saver tips help you delivery quality care How NOT to Kill Your Patient boxes point you to critical "don't miss" diagnoses and things to look out for Things You Will Be Asked On Rounds boxes prep you for

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attendings' questions

Professionalism in Medicine

A reference for internal medicine and family practice residents, students, and clinicians. It contains over 150 tables, flowcharts, and figures.

First Aid for the Wards, Fifth Edition

THE ULTIMATE PRIMER FOR THE CORE CLERKSHIPS, NOW IN FULL COLOR! Everything you need to know to score strong clerkship evaluations Preparation for every core rotation: medicine, surgery, pediatrics, obstetrics and gynecology, neurology, psychiatry, and emergency medicine Answers to commonly asked "pimp" questions Hundreds of full-color illustrations clarify essential concepts and improve retention Advice on presenting cases to attendings How-to guides for common procedures High-yield facts on the diagnosis and treatment of common diseases Sample patient notes, clipboard and note-card patient templates Updated student ratings of popular clinical handbooks, review books, reference texts, and electronic products A STUDENT-TO-STUDENT GUIDE TO THE FUNDAMENTALS OF SURVIVING THE WARDS--DON'T START THE CLINICAL YEARS WITHOUT READING THIS BOOK! APPLY THE PROVEN FIRST AID FORMULA FOR CLERKSHIP SUCCESS!

The Washington Manual of Medical Therapeutics

Mayo Clinic's Complete Guide for Family Physicians and Residents in Training

This concise third edition offers hands-on guidance for identifying and treating the most commonly seen orthopedic problems in children and adults.

Convenient as a study source for medical students, its many photographs and illustrations will also serve as a useful clinical reference for young surgeons, residents, nurses, and physician assistants. Each of the many topics is covered in depth and is designed to educate medical students and steer them towards formulating excellent diagnoses and treatment plans. As a further aid, multiple-choice questions are included at the end of each chapter, and there is a section devoted to case studies.

The ABSITE Review

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine

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5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag ® 68% ↓ stroke; use a risk score to guide Rx: CHADS2: CHF (1 point), HTN (1), Age ≥75 y (1), DM (1), prior Stroke/TIA (2) CHA2DS2-VASc: adds 65+74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ≥2 ® anticoag; score 1 ® consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW's Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

Frameworks for Internal Medicine

Mayo Clinic's Complete Guide for Family Physicians and Residents in Training. Based upon decades of physicians' valuable experience working in the Mayo Clinic Department of Family Medicine, this essential, all-bases-covered guide offers an unparalleled look

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into real-world family practice medicine and residency. Mayo Clinic's Complete Guide for Family Physicians and Residents in Training captures life inside a family practice and residency, and tackles day-to-day issues that affect every aspect of career satisfaction, professional challenges and performance, and opportunities for growth. Packed with "pearls" on the full spectrum of experience in family-practice medicine and training, from veteran family physicians, this indispensable career guide takes you through everything from professional associations to achieving balance in your life. It can help you: Learn the history and issues of family practice; Discover what's involved in rotations, hospital rounds, and outpatient clinics; Choose a residency that's right for you; Consider options in family practice, such as a focus on sports medicine, obstetrics, or geriatrics. Learn what to expect in certification and recertification exams; Evaluate financial and liability issues; Obtain a grant and conduct research; Improve time-management skills, patient-physician relationships, and professional interactions; Leverage computer technology; Handle managed care issues effectively; Be a good mentor; And more. For anyone considering family practice medicine, this hands-on survival guide to professional life is a virtual necessity. For anyone already in this field, it's an invaluable asset, offering techniques and tips that can help you get more out of your career, and manage it more effectively.

Pocket Pediatrics

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Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Survival Herbal Medicine: Medicinal Plants That Will Save Your Life When you are out in the wild and are devoid of basic necessities, you need to take the assistance of nature in order to survive. Without having enough food or even first aid by your side, chances are that you might not survive - but not when you have the useful information about various plants that can be found in the wild. The guide has in-depth information regarding some of the essential medicinal plants that can be found in the woods easily. The book answers some of the major questions about these useful plants, like: How to use these medicinal plants in the correct way? How to identify them in the wild without getting confused? What are the prime benefits of these plants? If you are a prepper or a hiker, then this is a must-have guide for you as it will help you expand your knowledge and be close to nature at the same time. The guide will prepare you on how you can use these medicinal plants if you ever find yourself alone in the wilderness. If you think that herbal products can't help you survive, then the guide will certainly make you think again! Download your E book "Survival Herbal Medicine: Medicinal Plants That Will Save Your Life" by scrolling up and clicking "Buy Now with 1-Click" button!

Essentials of Orthopedic Surgery

The #1 guide to the principles and clinical applications of evidence-based medicine has just

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gotten better! A Doody's Core Title ESSENTIAL PURCHASE for 2011! No other resource helps you to put key evidence-based medicine protocols into daily clinical practice better than Users' Guides to the Medical Literature. An instant classic in its first edition, this detailed, yet highly readable reference demystifies the statistical, analytical, and clinical principles of evidence-based medicine, giving you a hands-on, practical resource that no other text can match. Here, you'll learn how to distinguish solid medical evidence from poor medical evidence, devise the best search strategies for each clinical question, critically appraise the medical literature, and optimally tailor evidence-based medicine for each patient. The new second edition of this landmark resource is now completely revised and refreshed throughout, with expanded coverage of both basic and advanced issues in using evidence-based medicine in clinical practice. FEATURES: Completely revised and updated to reflect the enormous expansion in medical research and evidence-based resources since the first edition Innovative organization guides you from the fundamentals of using the medical literature to the more advanced strategies and skills for use in every day patient care situations Abundant and current real-world examples drawn from the medical literature are woven throughout, and include important related principles and pitfalls in using medical literature in patient care decisions Practical focus on the key issues in evidence-based practice: What are the results? Are the results valid? How to I apply to results to the care of my patients? More than 60 internationally recognized editors and contributors from the U.S., Canada, South

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America, Europe, and Asia -- the best of the best in the discipline
NEW coverage on how to: --Avoid being misled by biased presentations of research findings
--Interpret the significance of clinical trials that are discontinued early
--Influence clinician behavior to improve patient care
--Apply key strategies for teaching evidence-based medicine
Also look for JAMAevidence.com, a new interactive database for the best practice of evidence based medicine.

On Call

With his “deeply informed and compassionate book...Dr. Epstein tells us that it is a ‘moral imperative’ [for doctors] to do right by their patients” (New York Journal of Books). The first book for the general public about the importance of mindfulness in medical practice, *Attending* is a groundbreaking, intimate exploration of how doctors approach their work with patients. From his early days as a Harvard Medical School student, Epstein saw what made good doctors great—more accurate diagnoses, fewer errors, and stronger connections with their patients. This made a lasting impression on him and set the stage for his life’s work—identifying the qualities and habits that distinguish master clinicians from those who are merely competent. The secret, he learned, was mindfulness. Dr. Epstein “shows how taking time to pay attention to patients can lead to better outcomes on both sides of the stethoscope” (Publishers Weekly). Drawing on his clinical experiences and current research, Dr. Epstein explores four foundations of mindfulness—Attention,

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Curiosity, Beginner's Mind, and Presence—and shows how clinicians can grow their capacity to provide high-quality care. The commodification of health care has shifted doctors' focus away from the healing of patients to the bottom line. Clinician burnout is at an all-time high. Attending is the antidote. With compassion and intelligence, Epstein offers “a concise guide to his view of what mindfulness is, its value, and how it is a skill that anyone can work to acquire” (Library Journal).

Survival Medicine Handbook

This 4th edition of The ABSITE Review is the perfect study guide for surgery residents preparing for the American Board of Surgery In-Training Examination (ABSITE). Unlike ordinary textbooks that force the reader to wade through paragraph after paragraph of extraneous material, this review manual uses a streamlined outline and list format. By making it easier to find the essential points on each topic, this study guide allows the reader to spend more time studying the important facts and less time searching for them. Even though the information is presented in a simple manner, it still includes all topics found on the exam — from basic science to clinical knowledge in general surgery as well as surgical subspecialties. Each year, thousands of general surgery residents express anxiety over preparation for the ABSITE. With this book as their guide, they can feel a lot more confident.

Users' Guides to the Medical Literature

The Intern Pocket Survival Guide

This book was conceptualized after observing the struggles of interns during the first months of residency. As new medical graduates or foreign graduates, the transition to residency can be a daunting one. The tips and advice suggested in this book initially started out as a 2-page list. After rave reviews from interns at our hospital, it was expanded to include practical advice on a range of situations encountered by interns daily. The authors hope these pointers can empower new interns to approach the coming months with confidence and ever-increasing competence.

The ICU Book

By turns heartbreaking, hilarious, and utterly human, *The House of God* is a mesmerizing and provocative novel about Roy Basch and five of his fellow interns at the most renowned teaching hospital in the country. “The raunchy, troubling, and hilarious novel that turned into a cult phenomenon. Singularly compelling...brutally honest.”—*The New York Times*

Struggling with grueling hours and sudden life-and-death responsibilities, Basch and his colleagues, under the leadership of their rule-breaking senior resident known only as the Fat Man, must learn not only how to be fine doctors but, eventually, good human beings. A phenomenon ever since it was published, *The House of God* was the first unvarnished, unglorified, and uncensored portrait of

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what training to become a doctor is truly like, in all its terror, exhaustion and black comedy. With more than two million copies sold worldwide, it has been hailed as one of the most important medical novels ever written. With an introduction by John Updike

Survival Herbal Medicine

Advice to the Young Physician introduces the origins of important teachings that form the basis of medicine as it has been taught by some of history's greatest educators in medicine. Advice to the Young Physician reveals how to make the transition from technician to healer. This book reinforces the humanistic side of patient care, which is often overshadowed by the focus on highly technological elements. Medical students, residents, fellows, physicians, and allied health practitioners often forget the intricacies of the genomic makeup of adenoviruses, yet they remember the tips, anecdotes and aphorisms related by mentors, educators, and experienced physicians. The art of medicine comes from insights gained from unique and dynamic experiences between the physician, an enthusiastic medical student and the human patient, and is rarely found in books or taught in a universal and systematic way. Advice to the Young Physician provides numerous examples of best practices in order to internalize and practice the art of medicine, including tenets taught by Hippocrates, Maimonides, Osler, Peabody, Schweitzer and others. Advice to the Young Physician targets aspiring and new physicians with the intent to make them better physicians. It hits the

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mark. An effective mix of the writings of some of medicine's giants, as well as clinical experiences of the author, the book offers an historical framework and personal context to understand the attributes and attitudes of the good physician. It is a quick read that rewards the reader with a sampling of 4000 years of medical wisdom sprinkled with practical advice for the modern day doctor. --Richard G. Roberts, MD, JD, Professor of Family Medicine, University of Wisconsin School of Medicine and Public Health, President World Organization of Family Doctors, Past President American Academy of Family Physicians This is a small book and easy to read. It comprises several inspiring sketches of ancient and modern physicians whose reputations were based as much on their dedication to the humanism of medicine as it was to the science of medicine. Those who teach medical students and residents will find it a good source of medical history that, besides being important in itself, will add a new dimension and a little lightness to morning rounds. The author makes it clear that in our era of high technology it is easy to underestimate the importance of uniting humanism with science in caring for the sick. He also provides some practical information on such topics as how to present a case to attending physicians and how to communicate well with patients. The ancient physicians that history remembers were not only astute observers of signs and symptoms but also were deeply concerned about the psychological health of their patients and how disturbances in their emotional health often manifested in physical symptoms. Colgan starts with Hippocrates and Maimonides whose names many young physicians are familiar with. The former for the

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aphorism “first do no harm” and the latter for being one of the first to call medicine a “vocation” and a “calling.” The following “greats” are included in the book: Dr Albert Schweitzer whose “reverence for life” led him to his missionary medical work in Africa. He wrote *Out of My Life and Thought* and received the Nobel Peace Prize in 1952. Sir William Osler (1849-1919), known to some as the father of internal medicine, was a respected physician and teacher. He was the author of the *Principles and Practice of Medicine*, used for decades as the bible of medicine. But his fame rested equally on his dedication as a mentor to young physicians. He often gave graduation addresses to medical students reminding them to maintain a life-long interest in continuous learning and to treat the whole patient not just the disease. Francis Weld Peabody (1881-1927) a teacher at Harvard who had written a book *The Care of the Patient* in which he discussed how older practitioners often complained that younger doctors’ mindsets were so often over-concerned with testing that they sometimes forgot about how to take care of the whole patient. Dr. Theodore E. Woodward (1914-2005) who was famous for his dedication to patients. Once during a snowstorm he hitched a ride on a snowplow to see his patients at the hospital. He is responsible for the epigram “when you hear hoof beats think of horses not zebras.” Dr Edmund Pellegrino, respected for his studies in bioethics. His interest in protecting the sanctity of the doctor-patient relationship has particular importance in our current era when it seems that the art of medicine seems to be overshadowed by the business of medicine. He discusses this in his essay “The Commodification of

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Medical and Health Care.” Dr. Paul Farmer also is deeply concerned with the ethical ramifications of the commercialization that is overtaking the health system. He is devoted to improving public health on a worldwide scale. The author finishes up with some practical tips such as how to take a good history and how to avoid malpractice suits. He mentions the importance of finding a reasonable balance between our personal and professional lives. To offset the pressures that are sure to arise in caring for patients he reminds us as, Osler said, to look for the “poetry in life,” meaning to really try and understand the human side of the patients we treat. Throughout the book Colgan refers to doctors as “healers.” He suggests that healers are those who rise above the merely technical aspects of their craft and connect with patients in a special way—a way that respects their uniqueness and their human nature. It’s hard to describe in scientific terms what a healer is. As the author points out, most doctors know them when they see them. Edward J. Volpintesta, MD Bethe

Master the Wards: Internal Medicine Handbook

The only trauma management book written by emergency physicians for emergency physicians. Using illustrations, algorithms, and radiographs, this text highlights the most salient features and treatments of the various injury conditions. The goal of this text is to help readers answer the important question, What should I do and when? Pre-hospital care, resuscitation, emergency department

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management, and disposition of the trauma patient are thoroughly covered. Authored by emergency physicians, rather than surgeons, this book provides excellent information on the acute management and diagnostic strategies of trauma patients. Tables and boxed text emphasize important information in each chapter. Comprehensive information in each chapter ensures that readers will not have to search for additional literature. Pitfalls and pearls emphasize each chapters most important features. Helpful algorithms provide readers with real-time care of the patient. Concerns central to emergency practice, whether it be in a level I trauma center or community hospital setting, are emphasized. Challenging case scenarios set the stage for each chapter.

Intern Survival Guide

Written by residents and interns at Washington University, this small pocket book contains all the essentials that every intern needs to know from day 1 on the wards. It presents practical, must-have information, from the front lines of the wards, in an easy-to-use, quick-reference format. The book brings together, in one condensed source, all the most important pearls from other manuals--including ACLS algorithms, useful formulas, patient notes, top ten workups, common calls/complaints, and key points on the most common problems. Content includes vital pointers on what not to miss, when to refer/call for help, triage, cross-covering, and tricks of the trade. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to

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Washington Manual Outpatient Medicine Survival Guide

The most convenient, authoritative overview of family medicine and primary care-completely updated and expanded! Up-to-the-minute, evidence-based advice, including complementary and alternative treatments where appropriate Recommendations for both immediate and ongoing management strategies Numerous algorithms, charts, and tables Developmental organization with sections on infants and children, adolescents, adults, and the elderly Easy-to-follow format for disease-specific chapters NEW! Increased coverage of heart disease, emergency medicine topics, and more NEW! Review of the most recent competency requirements of culture medicine and health disparities NEW! Chapters on genetics and pharmacogenomics in clinical practice

Pocket Medicine

Designed for easy transport and quick reference, Pocket Anesthesia, presents essential information that residents, anesthesiologists, CRNAs, and medical students need on the wards and in the operating room. Edited by anesthesia faculty at Harvard Medical School, this pocket-size reference is ideally suited for today's fast-paced anesthesia environment--it is

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concise, easy to read, and evidence-based. Essential information is presented in a well-organized schematic outline format with many tables, algorithms, and diagrams. The book is filled with must-know facts about drugs, frequent intraoperative problems, differential diagnosis, common disease states, patient evaluation, and anesthetic considerations for each subspecialty. New to the revised, second edition, is the inclusion of ultrasound-guided regional anesthesia procedures.

The Washington Manual Internship Survival Guide

Advice to the Young Physician

This book highlights concepts of professionalism in medicine such as ethical issues and both clinical and non-clinical challenges in patient care.

Pocket Primary Care

The ultimate survival guide for medical students, interns, residents and fellows, *Staying Human during Residency Training* provides time-tested advice and the latest information on every aspect of a resident's life – from choosing a residency program, to coping with stress, enhancing self-care, and protecting personal and professional relationships. Allan D. Peterkin, MD, provides hundreds of tips on how to cope with sleep deprivation, time pressures, and ethical and legal issues. This fifth edition features

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new, leading-edge information on enhancing personal resilience, planning one's career, pursuing leadership roles, and using new technologies to maximize learning. Presenting practical antidotes to cynicism, careerism, and burnout, Peterkin also offers guidance on fostering more empathic connection with patients and deepening relationships with colleagues, friends, and family. Acknowledged by thousands of doctors across North America as an invaluable resource, *Staying Human during Residency Training* has helped to shape notions of trainee well-being for medical educators worldwide. Informative, compassionate, and professional, this new edition will again show why it is required reading for medical students and new physicians pursuing postgraduate training.

Anesthesiology CA-1 Pocket Survival Guide

Med School Confidential from Robert H. Miller and Daniel M. Bissell uses the same chronological format and mentor-based system that have made Law School Confidential and Business School Confidential such treasured and popular guides. It takes the reader step-by-step through the entire med school process--from thinking about, applying to, and choosing a medical school and program, through the four-year curriculum, internships, residencies, and fellowships, to choosing a specialty and finding the perfect job. With a foreword by Chair of the Admissions Committee at Dartmouth Medical School Harold M. Friedman, M.D., Med School Confidential provides what no other book currently does: a comprehensive,

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chronological account of the full medical school experience.

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