

## Aap Pediatrics Journal

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### Red Book 2018

When a novel influenza A virus with pandemic potential emerges, nonpharmaceutical interventions (NPIs) often are the most readily available interventions to help slow transmission of the virus in communities, which is especially important before a pandemic vaccine becomes widely available. NPIs, also known as community mitigation measures, are actions that persons and communities can take to help slow the spread of respiratory virus infections, including seasonal and pandemic influenza viruses. These guidelines replace the 2007 Interim Pre-pandemic Planning Guidance: Community Strategy for Pandemic Influenza Mitigation in the United States - Early, Targeted, Layered Use of Nonpharmaceutical Interventions (<https://stacks.cdc.gov/view/cdc/11425>). Several elements remain unchanged from the 2007 guidance, which described recommended NPIs and the supporting rationale and key concepts for the use of these interventions during influenza pandemics. NPIs can be phased in, or layered, on the basis of pandemic severity and local transmission patterns over time. Categories of NPIs include personal protective measures for everyday use (e.g., voluntary home isolation of ill persons, respiratory etiquette, and hand hygiene); personal protective measures reserved for influenza pandemics (e.g., voluntary home quarantine of exposed household members and use of face masks in community settings when ill); community measures aimed at increasing social distancing (e.g., school closures and dismissals, social distancing in workplaces, and postponing or canceling mass gatherings); and environmental measures (e.g., routine cleaning of frequently touched surfaces). Several new elements have been incorporated into the 2017 guidelines. First, to support updated recommendations on the use of NPIs, the latest scientific evidence available since the influenza A (H1N1)pdm09 pandemic has been added. Second, a summary of lessons learned from the 2009 H1N1 pandemic response is presented to underscore

the importance of broad and flexible prepandemic planning. Third, a new section on community engagement has been included to highlight that the timely and effective use of NPIs depends on community acceptance and active participation. Fourth, to provide new or updated pandemic assessment and planning tools, the novel influenza virus pandemic intervals tool, the Influenza Risk Assessment Tool, the Pandemic Severity Assessment Framework, and a set of prepandemic planning scenarios are described

## **Pediatric Nutrition Handbook**

## **Textbook of Neonatal Resuscitation**

The AAP's authoritative guide on preventing, recognizing, and treating more than 200 childhood infectious diseases. Developed by the AAP's Committee on Infectious Diseases as well as the expertise of the CDC, the FDA, and hundreds of physician contributors.

## **The History of Paediatrics**

The companion volume to the best-selling Caring for Your Baby and Young Child offers up-to-date, detailed information and advice on the central emotional, physical, and behavioral issues involved in raising pre-adolescent children. Original. 25,000 first printing.

## **American Academy of Pediatrics Textbook of Pediatric Care**

All the latest and best in nutrition support - in one place for quick and easy access!

## **Pediatric Psychopharmacology for Primary Care**

Completely updated and revised, the second edition provides primary care physicians with practice-tested, condition-specific treatment recommendations for various childhood mental disorders. Obtain clear guidance on dosing, monitoring, and potential adverse reactions of psychotropic medications for treatment of common psychiatric disorders and mental health or behavioral problems in children and adolescents. This simple, systematic approach defines discrete levels of psychotropics and spells out group-specific roles and responsibilities in accord with AAP policies. Plus, an included digital tool offers instant access to authoritative answers on specific conditions and medications. TOPICS INCLUDE Conceptual

framework for prescribing psychotropic drugs Medications for specific diagnoses: ADHD, Anxiety, and Depression US Food and Drug Administration-Approved antipsychotics and mood stabilizers and all other medications What to do when treatment is unsuccessful

## **Ethics Rounds**

This book is a printed edition of the Special Issue "Pediatric Integrative Medicine: An Emerging Field of Pediatrics" that was published in Children

## **Pediatric Nutrition**

## **Pioneers in Neonatal/Perinatal Medicine**

Medical liability continues to be a fact of life for pediatricians. One third of pediatricians will be sued for medical liability over the course of their careers. Pediatricians need to be aware of this fact and take steps to reduce the likelihood of being sued. *Medicolegal Issues in Pediatrics*, offers a wide range of medicolegal topics that affect the practice of pediatrics from residency through retirement. It provides pediatricians with detailed information on common pediatric malpractice claims and specific risk management strategies to reduce the threat of being sued and make it easier to defend a claim. In addition, it explains in simple language the anatomy of a malpractice lawsuit, guidance for coping with malpractice litigation stress, and the basics of professional liability insurance for pediatricians. Resources for managing the specific risks of newborn care, adolescent care, and pediatric emergency medicine are included. New to this edition are chapters on the medicolegal risks associated with the reporting of child abuse and neglect, health care fraud and abuse, and an expanded chapter on patient safety. Other highlights include: " Telephone and on-call care " Legal issues relating to email, Web sites, and telemedicine " Documentation of pediatric care " Liability for vaccine administration " Testifying as an expert witness " Volunteer activities Table of Contents Overview of Medical Liability Anatomy of a Medical Malpractice Lawsuit and the Defendant Pediatrician Professional Liability Insurance Risk Management Telephone and On-call Care Legal Issues Relating to E-mail, Web Sites, and Telemedicine Liability for Vaccine Administration Newborn Care Adolescent Health Care Pediatric Emergency Medicine Documenting Pediatric Care Medical Liability Experiences of Pediatricians Coping with Malpractice Litigation Stress Testifying as an Expert Witness Resolving Malpractice Disputes Without Litigation: Alternative Dispute Resolution Pediatric Patient Safety Medical Licensure, Specialty Boards, and Practitioner Data Banks Career Transitions: Residency Through Retirement Volunteer Activities Medical Liability and Child Abuse Health Care Fraud, Waste, and Abuse

## **Understanding the NICU**

Offers guidelines and advice on helping teenagers cope with adolescence, including setting rules and limits, dealing with peer pressure, and finding the right college.

## **Challenging Cases in Pediatric Cardiology**

The Picky Eater Project: 6 Weeks to Happier, Healthier Family Mealtimes is a one-of-a-kind book that can transform even the most finicky eaters into fledgling foodies. Focusing on kids' participation, interactive strategies, kitchen experiments, and delicious kid-friendly recipes, the book is based on a six-week plan that makes shopping and cooking fun. Weekly themes and goals include \* Week 1 - Picky-Free Parenting: Setting the stage to help your child choose a wider variety of healthful food with key parenting strategies \* Week 2 - A Kitchen Revolution: Shaping your child's taste preferences away from bland, white and processed towards flavorful, robust, and more adventurous by changing the way you purchase, arrange, and prepare foods. \* Week 3 - The Little Chef: Getting your child into the kitchen - early and often - to encourage him or her to try new foods. \* Week 4 - A Shopping Adventure: Making grocery shopping and meal planning with your child more of an adventure than a chore. \* Week 5 - Family Mini-Feast: Recognizing the value of family meals and setting them up to fit your lifestyle while progressing in your pursuit of undoing picky eating. \* Week 6 - It Takes a Village: Enlisting spouses, partners, grandparents, siblings, and friends to help undo picky eating and influence more adventurous choices. \* Post-Picky Eater Project Week - Making It Stick-y: Planning for challenges and barriers, and putting contingency plans into action for lasting impact. Six weeks will fly by before you know it! You and your junior chef will have an amazing time working together to make \* Layered Yogurt Parfaits \* Corn Pancakes \* Mix and Match Smoothies \* Beanie Cheeseburgers \* (Almost) Any Vegetable Soup \* And many more fun and healthy recipes! Written by Natalie Digate Muth, a pediatrician and dietician, and Sally Sampson, cookbook author and founder of ChopChop, a food magazine for kids and their families, The Picky Eater Project addresses both the importance of healthy childhood nutrition and family harmony. It offers tips and troubleshooting, recognizing that it takes planning and perseverance to make behavior changes stick, but that it can happen. Start your picky eater project today - your kids will love it, and you'll see real changes in their eating habits!

## **Caring for the Hospitalized Child**

## **Coding for Pediatrics 2020**

Parents of babies in the NICU will become more informed partners in care with this essential resource and beautiful

keepsake. The spiral-bound journal provides educational content and a place for parents to record their baby's progress. Parents are encouraged to track their baby's condition week-to-week and to commemorate special moments along the way. Journaling prompts remind parents to record their infant's vital statistics and jot down questions to ask the medical team. The journal also includes helpful information on common issues and questions in the NICU, as well as an overview of developmental milestones. A self-care section offers tips for parents on coping during this stressful time. A glossary of NICU terms and a checklist for bringing baby home round out the NICU Journal.

### **Epilepsy Across the Spectrum**

Significantly revised and updated by the American Academy of Pediatrics Committee on Nutrition with contributions from more than 100 authors, the new seventh edition provides practicing clinicians with evidence-based guidance on the full spectrum of childhood nutrition issues. The new seventh edition provides the latest information about nutrient metabolism and nutrition to support the normal development and health of infants and children who are well, those born with congenital anomalies or disorders of metabolism, and those with acute and chronic illness. New in the 7th edition: - The latest evidence-based guidelines from the AAP on feeding healthy infants and children - Current policies and practice recommendations from the AAP Committee on Nutrition - Several new chapters and appendices have been added, including chapters on school and day care nutrition; gene and nutrient interaction; and metabolic programming. - Recent advances and developments on topics that arise frequently in pediatric practice: breastfeeding, fast foods, vegetarian diets, persistent newborn diarrhea, preterm infant nutrition needs, chronic obesity, vitamin supplementation, and more - Appendices of more than 50 tables including dietary allowances, energy requirements, composition of human milk and infant formulas, MyPlate, and more - More than 20 growth charts for very low and low birth weights; full-term infants, children, and adolescents; down syndrome; and more - Updates listings of resources for you and your patients, including printed materials, government agencies, and Web sites

### **School Health**

This essential resource provides key background information and recommendations for themes critical to healthy child development along with well-child supervision standards for 31 age-based visits--from Newborn through 21 Years. What's in the Bright Futures Guidelines, Fourth Edition? Twelve health promotion themes addressing - lifelong health for families and communities NEW - family support - health for children and youth with special health care needs NEW - healthy development - mental health - healthy weight - healthy nutrition - physical activity - oral health - healthy adolescent development - healthy and safe use of social media NEW - safety and injury prevention 31 age-based health supervision visits--Newborn to 21 Years All the information and guidance that's needed to give children optimal health outcomes

-Context -Health Supervision -History -Surveillance of Development -Review of Systems -Observation of Parent-Child Interaction -Physical Examination -Medical Screening -Immunizations -Anticipatory Guidance What's NEW in the 4th Edition? -Builds upon previous editions with new and updated content that reflects the latest research. -Incorporates evidence-driven recommendations. -Includes three new health promotion themes: -Promoting Lifelong Health for Families and Communities -Promoting Health for Children and Youth With Special Health Care Needs -Promoting the Healthy and Safe Use of Social Media -Includes new screen time recommendations -Provides greater focus on lifelong physical and mental health -Weaves social determinants of health throughout the Visits, allowing health care professionals to consider social factors like food insecurity, violence, and drug use that may affect a child's and family's health -Features updated Milestones of Development and Developmental Surveillance questions -Provides new clinical content that informs health care professionals about the latest recommendations and provides guidance on how to implement them in practice -Maternal depression screening, Safe sleep, Iron supplementation in breast fed infants, Fluoride varnish, Dyslipidemia blood screening -Includes updates to several Adolescent screenings With Bright Futures, health care professionals can accomplish 4 tasks in 18 minutes -Disease detection -Disease prevention -Health promotion -Anticipatory guidance What is Bright Futures? -A set of theory-based, evidence-driven, and systems-oriented principles, strategies, and tools that health care professionals can use to improve the health and well-being of children through culturally appropriate interventions. Bright Futures addresses the current and emerging health promotion needs of families, clinical practices, communities, health systems, and policymakers. -The Bright Futures Guidelines are the blueprint for health supervision visits for all children. -Bright Futures is the health promotion and disease prevention part of the patient-centered medical home. Who can use Bright Futures? -Child health professionals and practice staff who directly provide primary care -Parents and youth who participate in well-child visits -Public Health Professionals -Policymakers -Pediatric Educators -MD Residents

### **Milestones in Neonatal/Perinatal Medicine**

Pediatric medical ethics are very different from any other clinical setting. This collection presents possible cases and scenarios to help caregivers be better-prepared for complicated ethical questions.

### **Sleep**

Fully revised and updated, the second edition of this popular point-of-care manual offers practical, authoritative guidance from the American Academy of Pediatrics in the hospital setting for safe, effective inpatient care from initial evaluation through hospital discharge management. Pediatric hospitalists with extensive hands-on expertise offer proven recommendations for dozens of pediatric inpatient problems including anaphylaxis; cardiac conditions; dermatological, ENT and GI issues; infectious diseases; seizure; eye trauma; fractures; physical and sexual abuse, and more. New in the second

edition: Provides 18 new chapters on eating disorders, acute adrenal insufficiency, hyperthyroidism, hypoglycemia, genetics, inborn errors of metabolism, ovarian torsion, neutropenia, cultural effectiveness, transition to adult care, sepsis, suicide, systemic lupus erythematosus, abdominal masses, and much more Two new sections on genetics and metabolism rheumatology

## **Pediatric Integrative Medicine: An Emerging Field of Pediatrics**

## **Sports Medicine in the Pediatric Office**

## **NICU Journal**

Autism and Other Neurodevelopmental Disorders gathers and organizes the most recent information in this important and rapidly expanding field into a clinically useful volume that will enable clinicians, patients, and families to understand these disorders and make sound treatment decisions in light of recent research. The editors, as well as most of the chapter authors, are faculty or former trainees at the prestigious Medical Investigation of Neurodevelopmental Disorders (MIND) Institute at UC-Davis, a collaborative international research center committed to the awareness, understanding, prevention, care, and cure of neurodevelopmental disorders, including autism spectrum disorders, ADHD, learning disorders, and more. Each chapter presents signs and symptoms; epidemiology and etiology; diagnostic approaches; evidence based interventions; and reviews of promising research. By focusing on the range of neurodevelopmental disorders commonly seen and managed by both primary and subspecialist health care professionals. Autism and Other Neurodevelopmental Disorders explains cutting-edge research and advances in clinical care, and assembles them into a single, indispensable volume.

## **Medical Genetics in Pediatric Practice**

Provides advice on all aspects of infant care from the members of the American Academy of Pediatrics, discussing such topics as behavior, growth, immunizations, and safety.

## **Red Book**

Significantly revised and updated, the 7th edition provides the latest guidelines for developing health programs, including

nutrition services, medication administration, physical activity and sports, and the school environment. New in the 7th edition: New content on school health in medical education, family and community involvement, staff wellness and more. Updates on the role of the school physician, school nurse, and guidance on school-based screening, serving populations with unique needs such as allergies and asthma, mental health and social services, and program assessment and evaluation.

## **Pediatric Dermatology**

Enhance your knowledge of neonatal-perinatal medicine and/or study for Neonatal-Perinatal Medicine board certification or recertification with this new study guide from the editors of NeoReviews. This new guide includes more than 1,200 questions previously published in NeoReviews from January 2007 to December 2017. Each question is followed by a short explanation of the correct answer with references, including the original article. Chapters include Cardiology Dermatology Endocrinology ENT and Ophthalmology Fluids, Electrolytes, Nutrition Gastrointestinal Genetics and Inborn Errors of Metabolism Hematology/Oncology Immunology Infectious Diseases Maternal-Fetal Medicine Neonatal Resuscitation Neurology Renal Respiratory Statistics, Research, Health Services, and Ethics

## **Medicolegal Issues in Pediatrics**

The new second edition of Pediatric Dermatology: A Quick Reference Guide provides the guidance you need to evaluate, diagnose, treat, and manage diverse dermatologic problems occurring from birth through adolescence. Expert recommendations on more than 100 commonly encountered conditions. More than 250 color images and dozens of new and revised images! Essential information on each condition is presented in the precise sequence in which you need it in the clinical setting: 1. Etiology/epidemiology 2. Symptoms and signs 3. How to make the diagnosis 4. Treatment 5. Prognosis 6. Referral consider

## **Bright Futures**

Identifies a variety of sleep problems in children from infancy through adolescence, and provides practical strategies for establishing good sleep habits and solving common sleep problems such as difficulties falling asleep and night fears.

## **Developmental and Behavioral Pediatrics**

Provides physicians in all specialties with a concise reference on breastfeeding and human lactation.

## **Picky Eater Project**

The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines' side effects Expanded discussions of combination vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations The Vaccine Book provides exactly the information parents want and need as they make their way through the vaccination maze.

## **Caring for Your School-age Child**

"Features family stories and guidance"--Cover.

## **Pediatric Environmental Health**

AAP Textbook of pediatric Care: Tools for Practice is a comprehensive resource of tools to use in general pediatric practice. A stand-alone volume or as a companion to AAP Textbook of Pediatric Care, a comprehensive and innovative pediatric textbook based on Hoekelman's Primary Pediatric Care, this all-new book focuses on the core components of pediatric care including: \*Engaging patients and family (educational tools, behavior modification support) \* Decision support for clinicians in the form of 1) assessment/screening tools and 2) guideline tools (such as decision charts, automated entry sets, etc) \* Enhancing coordination of care in the practice and in the community \* Public health advocacy

## **Children, Adolescents, and the Media**

This portable pocket guide to baby basics fits in a diaper bag or stroller pocket, making it a great resource for on-the-go moms and dads. Written by two pediatricians, Baby Care Anywhere addresses 150 of the most frequent questions and concerns raised by new parents. Covers picking a pediatrician, jaundice, diaper rash, earaches, immunizations, sleep, reflux, fever, and much more!

## **Your Baby's First Year**

"Discover the positive prescription for curing sleepless nights and fussy babies. Recommended by doctors across the

country." - Back cover.

## **Breastfeeding Handbook For Physicians**

This brand new volume collecting the "Top 100" of Pediatrics in Review's popular "Index of Suspicion" feature which has intrigued and educated medical professionals for years. The book is a valuable mini-reference for pediatricians and other child health clinicians, educators, pediatric residents, nurses and other health professionals. It is an excellent teaching tool for pediatricians, residents, and students.

## **Baby Care Anywhere**

This year's completely updated 25th edition includes all the changes in CPT codes -- complete with expert guidance for their application.

## **Caring for Your Teenager**

Written in a case-based format, this valuable resource helps primary care physicians in diagnosing and treating children with common and uncommon cardiac conditions. Cases are grouped by treating location: office, nursery, emergency department, and pediatric intensive care unit. Following the case presentation, each chapter follows the steps of: differential diagnosis, evaluation, treatment, and discussion. Valuable pearls of information are included, as well as "Practice Points," which is a quick refresher on the key issues presented in the case. TOPICS INCLUDE Refractory Supraventricular Tachycardia and Hypotension Cyanosis Without a Murmur Enlarged Cardiac Silhouette on Chest Radiography A Loud Murmur in a Neonate Without Symptoms Small Heart with "White Out" on Chest Radiograph Cardiac Arrest in an Adolescent Recurrent Seizure and a Family History of Sudden Death Wide QRS Tachycardia and Heart Failure Wheezing and Recurrent Pneumonia And more

## **Challenging Cases in Pediatric Diagnosis**

From the files of "NeoReviews" comes this collection of Perinatal Profiles, chosen to provide a glimpse into the lives of the movers and shakers in neonatal/perinatal medicine Many of the profiles in this collection were written by the students of these pioneers who have gone on to become key NPM innovators themselves. They provide rare insight into the personalities of their mentors and the development of NPM. You ll meet such luminaries as: Alex Minkowski, MD, whose life s work, including a conference on whether assisted ventilation did more harm than good, led French President Jacques

Chirac in 2004 to call him one of the consciences of the 20th century. Martin Couney, MD, who in 1896 began 40 years of organizing preterm baby child hatchery sideshows to showcase the marvels of incubator technology at expositions, state fairs, traveling circuses even Coney Island showing the public that even the most severely preterm infants had a chance for survival. Elizabeth Blackwell, Marie Putnam Jacobi, Elizabeth Garret, and Madeleine Bres, the first female physicians caring for women and children at the end of the 19th century. All struggled for admission to medical school yet eventually managed to pierce the armor of sex bias. Ignac Fulop Semmelweis, the Hungarian pioneer of antisepsis who first demonstrated that most childbed fever cases could be prevented one of the most important discoveries of 19th-century medicine yet was ridiculed and released in disgrace from his Viennese hospital and medical school faculty posts. Cathy Cropley, the Seattle nurse who wove nurses into the fabric of neonatal resuscitation as team members and instructors, insisting that skill take precedence over title. This collection of 26 key columns was compiled and edited by NeoReviews Editor-in-Chief Alistair G.S. Philip, MD, FRCPE, FAAP, in honor of the 15th anniversary of "NeoReviews," the American Academy of Pediatrics online journal of neonatology, available at <http://www.neoreviews.org>. "

## **Autism and Other Neurodevelopmental Disorders**

All-new clinical resource for managing children with developmental and behavioral concerns. Developed by leading experts in developmental and behavioral pediatrics, the all-new AAP Developmental and Behavioral Pediatrics gives one place to turn for expert recommendations to deliver, coordinate, and/or monitor quality developmental/behavioral care within the medical home. The one resource with all the essentials for pediatric primary care providers. Evaluation and care initiation: Interviewing and counseling, Surveillance and screening, Psychoeducational testing, Neurodevelopment.

## **Community Mitigation Guidelines to Prevent Pandemic Influenza - United States, 2017**

Taking an approach grounded in the media effects tradition, this book provides a comprehensive, research-oriented treatment of how children and adolescents interact with the media. Chapters review the latest findings as well as seminal studies that have helped frame the issues in such areas as advertising, violence, video games, sexuality, drugs, body image and eating disorders, music, and the Internet. Each chapter is liberally sprinkled with illustrations, examples from the media, policy debates, and real-life instances of media impact.

## **On Becoming Baby Wise**

Although epilepsy is one of the nation's most common neurological disorders, public understanding of it is limited. Many people do not know the causes of epilepsy or what they should do if they see someone having a seizure. Epilepsy is a

complex spectrum of disorders that affects an estimated 2.2 million Americans in a variety of ways, and is characterized by unpredictable seizures that differ in type, cause, and severity. Yet living with epilepsy is about much more than just seizures; the disorder is often defined in practical terms, such as challenges in school, uncertainties about social situations and employment, limitations on driving, and questions about independent living. The Institute of Medicine was asked to examine the public health dimensions of the epilepsies, focusing on public health surveillance and data collection; population and public health research; health policy, health care, and human services; and education for people with the disorder and their families, health care providers, and the public. In *Epilepsy Across the Spectrum*, the IOM makes recommendations ranging from the expansion of collaborative epilepsy surveillance efforts, to the coordination of public awareness efforts, to the engagement of people with epilepsy and their families in education, dissemination, and advocacy for improved care and services. Taking action across multiple dimensions will improve the lives of people with epilepsy and their families. The realistic, feasible, and action-oriented recommendations in this report can help enable short- and long-term improvements for people with epilepsy. For all epilepsy organizations and advocates, local, state, and federal agencies, researchers, health care professionals, people with epilepsy, as well as the public, *Epilepsy Across the Spectrum* is an essential resource.

### **Questions from Neoreviews: A Study Guide for Neonatal-Perinatal Medicine**

Embodying current Policy of the American Academy of Pediatrics (AAP), this all-new resource provides practice-focused help for addressing virtually any genetics-related issue you're likely to confront. It's replete with expert insights, pediatric-specific solutions, and quick-access aids you won't find anywhere else. Consult this one-stop problem-solver for:

- Must-know basics on genetic processes, inheritance patterns, and genetic testing
- Concise summaries of common genetic disorders
- Recognition, evaluation, diagnosis, and treatment how-to's
- Illuminating images of anomalies that may indicate genetic conditions
- Case-based examples of ethical issues

Here's the how, why, where, and when of pediatric genetic care:

- How to recognize diverse genetic disorders
- How to take a complete genetic history
- How to spot at-risk patients
- Why to create a pedigree
- When to consider a genetic evaluation
- How to conduct genetic screening and testing
- How to identify appropriate therapeutic approaches
- Where to find critical resources
- When to refer to a geneticist
- And much more!

### **The Vaccine Book**

The new "Sports Medicine in the Pediatric Office" is a comprehensive resource for the evaluation and treatment of musculoskeletal problems in children and adolescents. It is the first pediatric sports medicine text that uses CD-ROM technology to allow readers to view anatomy and physical examination techniques for exam skill development. The text uses case-based examples to address common issues seen in the pediatric office such as knee, elbow, and ankle injuries.

The common injuries include shoulder, wrist/elbow, ankle/foot, knee, leg, and hip/spine. Musculoskeletal examination with video demonstration includes step-by-step physical examination and corresponding digital anatomic illustration of each body area. The short topic chapters cover specific medical, non-orthopedic topics with charts and tables.

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